

Individual Best Times (Masters)

Christopher Aust - (2187) - Kidlington & Gosford SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.70	606	14/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Freestyle	56.96	556	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
200 Freestyle	2:09.74	485	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
400 Freestyle	4:42.60	472	18/05/13	team Luton LC Masters Meet	Luton	MAS383	0
50 Breaststroke	30.15	637	16/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Breaststroke	1:08.59	570	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
200 Breaststroke	2:40.40	478	01/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
50 Butterfly	26.51	592	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Butterfly	1:03.14	480	14/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
200 Individual Medley	2:20.36	535	25/05/16	European Masters Championships	London	MAS615	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	23.50	631	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
100 Freestyle	52.69	616	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
200 Freestyle	1:58.63	587	24/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
400 Freestyle	4:26.21	506	19/04/15	Gloucester Masters Open Meet	Gloucester	MAS526	0
50 Breaststroke	28.84	647	30/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
100 Breaststroke	1:04.67	624	28/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
200 Breaststroke	2:26.81	548	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
50 Butterfly	25.81	598	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
100 Butterfly	1:01.13	477	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Backstroke	28.80	452	27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
100 Backstroke	1:05.14	408	18/06/06	Oxfordshire & Nth Bucks Meet	Aylesbury	MAS018	0
200 Individual Medley	2:14.09	546	23/10/15	ASA National Masters 2015	Sheffield	MAS570	0
100 Individual Medley	58.80	588	25/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0