

Individual Best Times (Masters)

Sara Rolle - (265425) - Exe Masters Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Breaststroke	51.73	179	02/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Breaststroke	1:39.92	264	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
200 Breaststroke	3:35.07	261	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
100 Backstroke	1:39.89	189	02/06/23	British Masters Championships	Sheffield	MAS1046	0
200 Individual Medley	3:25.44	231	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	38.42	212	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
200 Freestyle	3:10.21	195	01/07/18	Devon County Masters Gala 2018	Plymouth	MAS773	0
50 Breaststroke	45.75	238	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
100 Breaststroke	1:37.67	260	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
200 Breaststroke	3:28.50	268	26/10/19	Swim England National Masters	Sheffield	MAS882	0
50 Butterfly	42.25	192	28/04/18	2018 CCASA Masters	Bodmin	MAS783	0
100 Butterfly	1:43.38	142	19/01/19	Caradon Masters New Year Meet 2019	Saltash LC	MAS812	0
50 Backstroke	44.54	182	03/09/17	Devon County Masters Meet 2017	Plymouth	MAS700	0
100 Backstroke	1:32.67	207	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
200 Backstroke	3:22.81	201	29/09/19	South West Region Masters	Weston-Super-Mare	MAS878	0
200 Individual Medley	3:20.33	225	30/09/18	SW Region Masters	Weston-Super-Mare	MAS792	0
400 Individual Medley	7:16.94	208	31/03/19	Gloucester Masters 2019	Gloucester	MAS834	0
100 Individual Medley	1:30.42	244	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0