

Individual Best Times (Masters)

John Owen - (27975) - Aquanauts Livingston ASC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.63	548	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0
100 Freestyle	52.03	640	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0
200 Freestyle	1:55.87	630	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0
400 Freestyle	4:10.66	607	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0
100 Backstroke	1:02.54	461	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0
200 Individual Medley	2:15.43	530	26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0