

Individual Best Times (Masters)

Catherine Ralph - (287727) - Carrick Masters

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	39.93	189	27/04/14	Cornwall County ASA Masters	Bodmin	MAS458	0
100 Freestyle	1:29.91	174	07/05/16	Cornwall County Masters & Seniors Meet	Bodmin	MAS608	0
200 Freestyle	3:14.39	182	28/04/18	2018 CCASA Masters	Bodmin	MAS783	0
400 Freestyle	7:01.49	165	21/01/17	Caradon Masters Meet 2017	Saltash LC	MAS657	0
50 Breaststroke	52.09	161	27/04/14	Cornwall County ASA Masters	Bodmin	MAS458	0
50 Butterfly	50.80	110	12/10/08	Cornwall County Masters Meet	Truro	MAS113	0
50 Backstroke	47.52	150	12/10/08	Cornwall County Masters Meet	Truro	MAS113	0
100 Backstroke	1:44.30	145	21/01/17	Caradon Masters Meet 2017	Saltash LC	MAS657	0
100 Individual Medley	1:43.61	162	27/04/14	Cornwall County ASA Masters	Bodmin	MAS458	0