## **Individual Best Times (Masters)**

Carolyn Pote - (288918) - Corsham A.S.C.

## **Short Course**

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.12	441	24/09/06	South West Region Masters Meet	Weston super Mare	MAS023	0
100 Freestyle	1:04.79	466	24/09/06	South West Region Masters Meet	Weston super Mare	MAS023	0
400 Freestyle	4:57.28	471	28/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
50 Breaststroke	39.42	372	24/09/06	South West Region Masters Meet	Weston super Mare	MAS023	0
100 Breaststroke	1:25.36	389	07/09/08	Devon County Masters Meet	Tiverton	MAS124	0
50 Butterfly	33.78	375	24/09/06	South West Region Masters Meet	Weston super Mare	MAS023	0
50 Backstroke	39.49	261	08/10/23	South West Region Masters Champs 2023	Millfield	MAS1087	0

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