Individual Best Times (Masters)

Aaron Lynch - (301316) - Stowmarket SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.95	527	26/10/19	Swim England National Masters	Sheffield	MAS882	0
50 Breaststroke	30.50	547	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Breaststroke	1:07.72	543	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Individual Medley	2:20.18	478	03/10/15	East Region Masters Meet	Newmarket	MAS566	0
100 Individual Medley	1:01.96	503	27/10/19	Swim England National Masters	Sheffield	MAS882	0

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