

Individual Best Times (Masters)

James Allen - (301623) - Worcester SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.04	517	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Freestyle	58.52	513	04/06/23	British Masters Championships	Sheffield	MAS1046	0
50 Butterfly	28.43	480	04/06/23	British Masters Championships	Sheffield	MAS1046	0
50 Backstroke	31.37	423	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Backstroke	1:08.68	424	02/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.01	523	15/05/22	Shropshire ASA Masters Open Meet 2022	Wolverhampton	MAS955	0
100 Freestyle	56.28	505	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
50 Butterfly	27.76	480	19/11/22	University of Birmingham Masters Meet 2022	Birmingham	MAS997	0
50 Backstroke	29.97	401	08/10/22	West Midlands Masters	Coventry	MAS988	0
100 Backstroke	1:08.92	344	21/05/23	Shropshire ASA Masters Meet 2023	Wolverhampton	MAS1041	0