

Individual Best Times (Masters)

Stephen Allen - (325900) - Harrogate District SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	2:36.65	276	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
200 Breaststroke	3:07.01	302	18/05/13	team Luton LC Masters Meet	Luton	MAS383	0
50 Butterfly	31.08	367	15/06/07	British Masters 2007	Manchester	MAS037	0
50 Backstroke	32.23	390	10/02/08	Rotherham Metro Masters Meet	Sheffield	MAS088	0
100 Backstroke	1:10.74	388	16/06/07	British Masters 2007	Manchester	MAS037	0
200 Backstroke	2:34.73	378	16/06/06	British Masters Champs 2006	Manchester	MAS001	0
200 Individual Medley	2:39.44	365	06/05/12	British Gas Masters Meet	Sheffield	MAS328	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.96	337	11/12/11	South Yorkshire Open Master Mt	Sheffield	MAS283	0
100 Freestyle	1:04.68	333	09/04/13	Yorkshire Masters Meet	Scarborough	MAS417	0
200 Freestyle	2:22.06	342	22/09/07	North East Masters Champs	Harrogate	MAS054	0
400 Freestyle	5:10.86	318	19/11/17	South Yorkshire Open Masters 2017	Sheffield	MAS723	0
50 Breaststroke	37.05	305	15/12/13	South Yorkshire Masters Meet	Sheffield	MAS403	0
100 Breaststroke	1:20.03	329	09/12/12	South Yorkshire Masters Meet	Sheffield	MAS343	0
200 Breaststroke	2:56.43	315	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
50 Butterfly	31.04	344	28/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
100 Butterfly	1:13.82	271	11/12/11	South Yorkshire Open Master Mt	Sheffield	MAS283	0
50 Backstroke	31.19	356	18/11/07	Inter County Masters NorthEast	Sheffield	MAS048	0
100 Backstroke	1:08.37	353	29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
200 Backstroke	2:29.73	351	28/10/07	ASA National Masters 2007	Sheffield	MAS044	0
200 Individual Medley	2:34.47	357	26/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
100 Individual Medley	1:09.77	352	27/10/07	ASA National Masters 2007	Sheffield	MAS044	0