

Individual Best Times (Masters)

Rebecca Owens - (354051) - Trafford Metro Bor SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Butterfly	1:15.75	392	26/02/24	World Aquatics Masters Championships 2024	Doha	MAS1128	0
50 Backstroke	34.41	475	26/02/24	World Aquatics Masters Championships 2024	Doha	MAS1128	0
100 Backstroke	1:15.11	444	26/02/24	World Aquatics Masters Championships 2024	Doha	MAS1128	0
200 Backstroke	2:42.56	434	26/02/24	World Aquatics Masters Championships 2024	Doha	MAS1128	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Freestyle	1:05.80	445	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
200 Freestyle	2:21.26	476	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
400 Freestyle	5:00.09	457	21/05/23	Derbyshire Masters SC Championships	Matlock	MAS1043	0
50 Butterfly	32.09	438	15/07/23	Cheshire County Masters	Stockport	MAS1056	0
100 Butterfly	1:11.49	432	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
200 Butterfly	2:39.93	418	21/05/23	Derbyshire Masters SC Championships	Matlock	MAS1043	0
50 Backstroke	33.89	413	12/11/23	Masters Inter County Teams 2023 - Northern Region	Huddersfield	MAS1092	0
100 Backstroke	1:11.31	456	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
200 Backstroke	2:33.47	465	21/05/23	Derbyshire Masters SC Championships	Matlock	MAS1043	0