

Individual Best Times (Masters)

George Shaw - (362428) - Deepings SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.25	296	13/10/19	Lincs ASA Masters Champs 2019	Louth	MAS881	0
100 Freestyle	1:07.17	297	13/10/19	Lincs ASA Masters Champs 2019	Louth	MAS881	0
200 Freestyle	2:36.86	254	20/06/21	Deepings	Deepings LC	LEX2126	0
50 Breaststroke	40.82	228	13/10/19	Lincs ASA Masters Champs 2019	Louth	MAS881	0
50 Butterfly	32.86	289	20/06/21	Deepings	Deepings LC	LEX2126	0
100 Butterfly	1:19.12	220	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
50 Backstroke	36.62	220	13/10/19	Lincs ASA Masters Champs 2019	Louth	MAS881	0
100 Backstroke	1:22.00	204	20/06/21	Deepings	Deepings LC	LEX2126	0
400 Individual Medley	6:16.45	242	21/06/21	Deepings Swimming Club	Deepings Leisure Cen	LEX2574	0
100 Individual Medley	1:15.01	283	13/10/19	Lincs ASA Masters Champs 2019	Louth	MAS881	0