

Individual Best Times (Masters)

Tara Lofthouse - (40045) - Exe Masters Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.84	495	05/05/12	British Gas Masters Meet	Sheffield	MAS328	0
100 Freestyle	1:06.89	461	28/05/16	European Masters Championships	London	MAS615	0
200 Freestyle	2:25.61	465	05/05/12	British Gas Masters Meet	Sheffield	MAS328	0
400 Freestyle	5:15.11	416	05/05/12	British Gas Masters Meet	Sheffield	MAS328	0
200 Individual Medley	2:48.79	417	06/05/12	British Gas Masters Meet	Sheffield	MAS328	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.23	535	24/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
100 Freestyle	1:01.45	546	25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
200 Freestyle	2:15.72	536	26/10/07	ASA National Masters 2007	Sheffield	MAS044	0
400 Freestyle	4:45.97	529	06/04/08	Royal Navy Masters Meet	Yeovil	MAS125	0
800 Freestyle	10:34.77	425	31/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
1500 Freestyle	19:42.99	452	24/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
50 Breaststroke	38.26	407	06/04/08	Royal Navy Masters Meet	Yeovil	MAS125	0
100 Breaststroke	1:25.82	383	27/03/11	Royal Navy 10th Masters Meet	Millfield	MAS297	0
50 Butterfly	33.16	397	26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
50 Backstroke	34.56	389	06/04/08	Royal Navy Masters Meet	Yeovil	MAS125	0
100 Backstroke	1:14.36	402	09/09/07	Devon County Masters Champs	Tiverton	MAS070	0
200 Backstroke	2:42.61	391	26/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
200 Individual Medley	2:41.19	432	24/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
400 Individual Medley	5:48.59	409	27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
100 Individual Medley	1:12.34	476	27/10/07	ASA National Masters 2007	Sheffield	MAS044	0