Individual Best Times (Masters)

Barry Owen - (40777) - Rochford & District SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
400 Freestyle	5:28.68	300	27/05/16	European Masters Championships	London	MAS615	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Freestyle	1:02.94	361	08/05/10	Essex ASA Masters 18-24 Meet	Grays	MAS221	0
400 Freestyle	4:50.26	391	08/05/10	Essex ASA Masters 18-24 Meet	Grays	MAS221	0
1500 Freestyle	20:48.95	311	19/09/21	Rochford & District Masters Club Championships 21	Clements Hall	ER210533	0

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