

Individual Best Times (Masters)

Heather Fowler - (4233) - Aylesbury & District SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	34.82	311	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Freestyle	1:15.69	318	14/06/19	British Masters Champs 2019	Swansea	MAS853	0
50 Butterfly	39.30	240	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
100 Butterfly	1:37.18	186	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
200 Butterfly	3:52.15	144	03/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	33.53	319	02/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
100 Freestyle	1:15.03	300	11/09/16	Berkshire & Sth Bucks Masters Meet	Maidenhead	MAS630	0
50 Butterfly	37.50	274	03/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
100 Butterfly	1:32.23	201	02/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
200 Butterfly	3:45.67	148	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
100 Individual Medley	1:29.16	254	02/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0