

Individual Best Times (Masters)

Sarah Thomas - (440992) - Asa Temporary cat 2 club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.32	428	02/03/07	Welsh Open Masters 2007	Swansea	MAS038	0
100 Freestyle	1:11.71	374	02/03/07	Welsh Open Masters 2007	Swansea	MAS038	0
50 Backstroke	36.08	412	02/03/07	Welsh Open Masters 2007	Swansea	MAS038	0
100 Backstroke	1:19.23	378	02/03/07	Welsh Open Masters 2007	Swansea	MAS038	0
200 Individual Medley	3:04.72	318	27/02/09	Welsh Open Masters 2009	Swansea	MAS149	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Freestyle	1:10.82	357	12/05/07	Welsh Capital Masters 2007	Cardiff	MAS072	0
50 Breaststroke	41.21	326	01/11/08	Swim Wales Masters Sprint	Llanelli	MAS130	0
100 Breaststroke	1:30.80	323	03/11/07	WASA Closed Masters 2007	Wrexham	MAS052	0
50 Backstroke	35.60	356	12/05/07	Welsh Capital Masters 2007	Cardiff	MAS072	0
100 Backstroke	1:16.21	373	03/11/07	WASA Closed Masters 2007	Wrexham	MAS052	0
100 Individual Medley	1:21.42	334	01/11/08	Swim Wales Masters Sprint	Llanelli	MAS130	0