## **Individual Best Times (Masters)**

William Appleby - (442390) - Workington SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.34	561	13/05/17	Norfolk Masters Meet	Norwich	MAS680	0
100 Freestyle	58.14	523	21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
200 Freestyle	2:24.35	352	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
50 Butterfly	27.94	506	19/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0

## **Short Course**

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.45	560	18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
100 Freestyle	55.98	513	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Freestyle	2:16.97	381	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Breaststroke	34.34	383	22/04/18	5th Newmarket Club Masters Open 2018	Newmarket	MAS757	0
50 Butterfly	27.70	484	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Backstroke	32.47	315	18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
100 Individual Medley	1:05.54	425	23/04/17	4th Newmarket Masters Open Meet	Newmarket	MAS674	0

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