

Individual Best Times (Masters)

James Argent - (49084) - Hadleigh and Sudbury Swimming Cl

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	33.22	223	14/02/09	Sudbury Valentines Masters Mt	Sudbury	MAS191	0
100 Freestyle	1:17.75	191	22/04/18	5th Newmarket Club Masters Open 2018	Newmarket	MAS757	0
200 Freestyle	2:50.39	198	16/02/08	Sudbury Valentines Meet	Sudbury	MAS119	0
400 Freestyle	6:09.83	189	29/04/19	5th Newmarket Club Masters Open 2018	Newmarket	MAS840	0
50 Breaststroke	49.64	126	16/02/08	Sudbury Valentines Meet	Sudbury	MAS119	0
100 Breaststroke	1:50.65	124	07/02/16	Valentines Masters Meet	Kingston upon Thames	MAS595	0
200 Breaststroke	4:16.13	103	19/02/17	Valentine Masters Meet 2017	Sudbury	MAS662	0
50 Butterfly	41.26	146	14/02/09	Sudbury Valentines Masters Mt	Sudbury	MAS191	0
100 Butterfly	1:43.40	98	18/02/18	Valentine Masters Meet 2018	Kingfisher LC	MAS741	0
50 Backstroke	43.67	129	19/02/17	Valentine Masters Meet 2017	Sudbury	MAS662	0
100 Backstroke	1:32.36	143	19/02/17	Valentine Masters Meet 2017	Sudbury	MAS662	0
200 Individual Medley	3:34.87	132	17/02/19	Valentine Masters Meet 2019	Kingfisher LP	MAS823	0
100 Individual Medley	1:32.01	153	14/02/09	Sudbury Valentines Masters Mt	Sudbury	MAS191	0