

Individual Best Times (Masters)

Kris Lamble - (49654) - Stowmarket SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.34	293	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
50 Breaststroke	37.37	297	24/04/22	8th Newmarket Masters Meet 2022	Newmarket	MAS951	0
100 Breaststroke	1:24.97	275	25/06/21	Stowmarket	Mid Suffolk	LEX2431	0
100 Individual Medley	1:22.07	216	18/07/21	Stowmarket Swimming Club	Mid Suffolk	LEX3504	0