

Individual Best Times (Masters)

Sara Hughes - (5174) - Nantwich Seals Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.80	450	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
100 Freestyle	1:08.84	423	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.54	467	13/05/17	Midland Masters Meet 2017	Nuneaton	MAS679	0
100 Freestyle	1:06.33	434	17/03/18	Staffordshire Masters Open Meet	Stafford	MAS745	0
50 Backstroke	36.05	343	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0
100 Individual Medley	1:18.69	370	08/10/16	Arfon 30th Annual Gala	Llandudno	MAS642	0