

Individual Best Times (Masters)

Ian Surrage - (5246) - Kidlington & Gosford SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.52	490	18/05/13	team Luton LC Masters Meet	Luton	MAS383	0
50 Breaststroke	30.14	638	26/05/16	European Masters Championships	London	MAS615	0
100 Breaststroke	1:06.81	617	13/06/15	GB Masters 2015	Manchester	MAS537	0
200 Breaststroke	2:27.79	612	29/05/16	European Masters Championships	London	MAS615	0
50 Butterfly	27.44	534	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Butterfly	1:04.85	443	18/05/13	team Luton LC Masters Meet	Luton	MAS383	0
200 Individual Medley	2:29.83	440	18/05/13	team Luton LC Masters Meet	Luton	MAS383	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.56	553	25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
100 Freestyle	57.25	480	13/04/14	Gloucester Masters Open Meet	Gloucester	MAS455	0
50 Breaststroke	29.40	611	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
100 Breaststroke	1:04.35	633	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Breaststroke	2:23.37	588	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Butterfly	26.54	550	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
100 Butterfly	1:02.21	453	25/10/19	Swim England National Masters	Sheffield	MAS882	0
50 Backstroke	29.91	403	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Individual Medley	2:27.93	407	11/06/21	Kidlington	Kidlington	LEX1728	0
100 Individual Medley	1:01.90	504	25/06/16	Surrey County Masters Championships	Guildford	MAS617	0