

Individual Best Times (Masters)

Craig Banning - (52948) - Harlow Penguin SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.38	358	07/03/20	Essex Masters 2020	BSV	MAS913	0
50 Breaststroke	34.74	370	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
100 Breaststroke	1:22.47	301	25/03/23	Essex Masters Championships 2023	Basildon	MAS1026	0
50 Butterfly	31.10	342	07/03/20	Essex Masters 2020	BSV	MAS913	0
50 Backstroke	32.42	317	07/03/20	Essex Masters 2020	BSV	MAS913	0
100 Backstroke	1:12.17	300	07/03/20	Essex Masters 2020	BSV	MAS913	0
200 Backstroke	2:43.81	268	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
200 Individual Medley	2:50.48	265	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
100 Individual Medley	1:13.52	301	30/09/18	SEER Open Masters 2018	Newmarket	MAS793	0