

Individual Best Times (Masters)

Malcolm Adkins - (549645) - Shrewsbury SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
800 Freestyle	17:32.73	79	25/05/16	European Masters Championships	London	MAS615	0
100 Breaststroke	2:03.62	97	27/05/16	European Masters Championships	London	MAS615	0
200 Breaststroke	4:36.77	93	29/05/16	European Masters Championships	London	MAS615	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	44.88	90	20/04/08	Gloucester Masters Chmps 2008	Gloucester	MAS111	0
100 Freestyle	1:37.84	96	20/04/08	Gloucester Masters Chmps 2008	Gloucester	MAS111	0
200 Freestyle	3:35.54	97	20/04/08	Gloucester Masters Chmps 2008	Gloucester	MAS111	0
400 Freestyle	7:45.69	94	13/04/14	Gloucester Masters Open Meet	Gloucester	MAS455	0
800 Freestyle	16:59.48	82	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1500 Freestyle	31:46.06	87	05/10/13	Arfon Masters 27th Open Meet	Llandudno	MAS426	0
50 Breaststroke	48.60	135	15/05/10	Yorkshire Open Masters 2010	Scarborough	MAS224	0
100 Breaststroke	1:52.59	118	03/04/11	Gloucester Masters Meet	Gloucester	MAS277	0
200 Breaststroke	4:10.53	110	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
50 Backstroke	54.52	66	06/05/11	ASA Midland Masters Meet	Leamington Spa	MAS286	0
100 Backstroke	2:08.49	53	08/10/11	25th Arfon Masters Meet	Bangor	MAS309	0
100 Individual Medley	1:59.30	70	15/05/10	Yorkshire Open Masters 2010	Scarborough	MAS224	0