

Individual Best Times (Masters)

Natalie Allen - (550200) - East Anglian Swallow Tails

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	33.19	359	14/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Freestyle	1:09.39	413	10/02/13	South East LC Masters Meet	Crawley	MAS384	0
200 Freestyle	2:31.11	416	09/02/13	South East LC Masters Meet	Crawley	MAS384	0
400 Freestyle	5:24.96	380	14/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0
800 Freestyle	11:31.68	344	19/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
50 Butterfly	37.19	283	10/02/13	South East LC Masters Meet	Crawley	MAS384	0
50 Backstroke	37.44	369	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
100 Backstroke	1:20.08	366	14/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0
200 Backstroke	2:47.38	398	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.71	416	16/05/15	Norfolk County ASA Open Masters	Norwich	MAS539	0
100 Freestyle	1:08.08	402	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Freestyle	2:28.44	410	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
400 Freestyle	5:14.78	396	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
800 Freestyle	11:15.60	352	27/10/19	Swim England National Masters	Sheffield	MAS882	0
50 Butterfly	35.76	316	16/05/15	Norfolk County ASA Open Masters	Norwich	MAS539	0
50 Backstroke	36.48	331	16/05/15	Norfolk County ASA Open Masters	Norwich	MAS539	0
100 Backstroke	1:22.55	293	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Backstroke	2:46.05	367	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0