## **Individual Best Times (Masters)**

## Carl Halford - (55138) - City of Southampton SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.28	450	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
100 Freestyle	59.84	480	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
50 Breaststroke	36.23	367	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0

## Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.80	477	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
100 Freestyle	56.47	500	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
200 Freestyle	2:02.83	529	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
400 Freestyle	4:26.31	506	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0
50 Breaststroke	34.55	376	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
100 Breaststroke	1:15.70	389	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
100 Butterfly	1:05.34	391	24/09/17	Leicestershire Masters Meet	Braunstone	MAS711	0
200 Individual Medley	2:21.57	464	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
100 Individual Medley	1:06.30	410	13/05/17	Midland Masters Meet 2017	Nuneaton	MAS679	0