

Individual Best Times (Masters)

Paul Mason - (588182) - Fishguard Flyers

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.82	283	28/02/09	Welsh Open Masters 2009	Swansea	MAS149	0
100 Freestyle	1:11.43	282	09/05/09	Welsh Capital Masters 2009	Cardiff	MAS152	0
200 Freestyle	2:50.23	215	07/03/10	Welsh Masters Open Meet 2010	Swansea	MAS208	0
1500 Freestyle	25:56.95	175	05/03/10	Welsh Masters Open Meet 2010	Swansea	MAS208	0
100 Breaststroke	1:38.34	193	10/05/08	Welsh Capital Masters Meet	Cardiff	MAS091	0
50 Butterfly	37.89	203	10/05/08	Welsh Capital Masters Meet	Cardiff	MAS091	0
50 Backstroke	40.96	190	09/05/09	Welsh Capital Masters 2009	Cardiff	MAS152	0
100 Backstroke	1:36.84	151	02/03/07	Welsh Open Masters 2007	Swansea	MAS038	0
200 Individual Medley	3:21.19	181	27/02/09	Welsh Open Masters 2009	Swansea	MAS149	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.55	260	06/11/10	SW Masters Sprint Challenge	Newport	MAS220	0
100 Freestyle	1:10.43	258	03/11/07	WASA Closed Masters 2007	Wrexham	MAS052	0
50 Breaststroke	43.17	193	06/11/10	SW Masters Sprint Challenge	Newport	MAS220	0
100 Breaststroke	1:38.39	177	01/12/12	Welsh Capital Masters Meet	Cardiff	MAS344	0
50 Backstroke	40.62	161	03/11/07	WASA Closed Masters 2007	Wrexham	MAS052	0
100 Backstroke	1:31.56	147	01/12/12	Welsh Capital Masters Meet	Cardiff	MAS344	0
100 Individual Medley	1:27.60	178	06/11/10	SW Masters Sprint Challenge	Newport	MAS220	0