

Individual Best Times (Masters)

Mike Ireland - (67982) - 4 Shires Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Backstroke	33.99	332	27/05/16	European Masters Championships	London	MAS615	0
100 Backstroke	1:13.72	342	29/05/16	European Masters Championships	London	MAS615	0
200 Individual Medley	2:41.37	352	25/05/16	European Masters Championships	London	MAS615	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.19	456	24/04/09	Midland Masters Championships	Leamington Spa	MAS178	0
100 Freestyle	59.66	424	03/04/11	Gloucester Masters Meet	Gloucester	MAS277	0
200 Freestyle	2:16.64	384	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
400 Freestyle	4:54.40	374	06/05/11	ASA Midland Masters Meet	Leamington Spa	MAS286	0
50 Breaststroke	37.24	300	06/05/11	ASA Midland Masters Meet	Leamington Spa	MAS286	0
100 Breaststroke	1:30.74	226	28/11/15	Etwall Eagles Masters Open Meet	Derby	MAS578	0
50 Butterfly	30.20	373	15/11/09	asa Masters Inter-Counties	Various	MAS159	0
100 Butterfly	1:17.42	235	28/11/15	Etwall Eagles Masters Open Meet	Derby	MAS578	0
50 Backstroke	31.24	354	24/04/09	Midland Masters Championships	Leamington Spa	MAS178	0
100 Backstroke	1:08.19	356	28/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
200 Backstroke	2:35.99	310	24/04/09	Midland Masters Championships	Leamington Spa	MAS178	0
200 Individual Medley	2:32.79	369	28/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
400 Individual Medley	5:39.21	331	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
100 Individual Medley	1:08.62	370	29/03/09	Gloucester Open Masters	Gloucester	MAS174	0