

Individual Best Times (Masters)

Dean Milwain - (6982) - Derby Excel Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
100 Freestyle	55.67	596	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
200 Freestyle	2:03.44	564	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.70	482	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
100 Freestyle	53.02	604	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
200 Freestyle	1:56.55	619	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
400 Freestyle	4:17.10	562	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
50 Breaststroke	33.83	401	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0
50 Butterfly	27.48	495	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0
100 Butterfly	1:02.75	441	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
50 Backstroke	28.35	474	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
100 Individual Medley	1:02.82	482	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0