

Individual Best Times (Masters)

Catherine Munro - (730557) - Winchester City Penguins

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
800 Freestyle	11:46.61	322	02/06/23	British Masters Championships	Sheffield	MAS1046	0
1500 Freestyle	22:13.27	329	04/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	34.75	287	07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
100 Freestyle	1:17.08	277	07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
200 Freestyle	2:41.07	321	19/11/23	LEN European Masters Championships 2023	Madeira, Portugal	MAS1110	0
400 Freestyle	5:34.53	330	19/11/23	LEN European Masters Championships 2023	Madeira, Portugal	MAS1110	0
800 Freestyle	11:23.22	341	19/11/23	LEN European Masters Championships 2023	Madeira, Portugal	MAS1110	0
1500 Freestyle	22:19.74	311	27/11/21	Barnet Cophall Masters 1500m	Barnet Cophall	MAS933	0
50 Butterfly	37.86	267	15/11/08	asa Inter-Counties Masters Mt	Various	MAS098	0
100 Butterfly	1:38.45	165	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
50 Backstroke	45.03	176	20/11/22	Masters Inter-County 2022	Various	MAS995	0
100 Backstroke	1:38.90	170	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
100 Individual Medley	1:32.53	227	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0