

Individual Best Times (Masters)

Douglas Alexander - (74925) - Tigersharks

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.08	371	21/06/08	British Masters Champs (L1)	Manchester	MAS089	0
100 Freestyle	1:06.79	345	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
400 Freestyle	5:17.00	334	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
200 Breaststroke	3:03.49	319	14/06/19	British Masters Champs 2019	Swansea	MAS853	0
50 Butterfly	31.60	350	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Butterfly	1:08.83	370	20/06/08	British Masters Champs (L1)	Manchester	MAS089	0
200 Butterfly	2:38.38	338	21/06/08	British Masters Champs (L1)	Manchester	MAS089	0
100 Backstroke	1:21.87	250	01/03/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
200 Individual Medley	2:39.98	361	25/05/16	European Masters Championships	London	MAS615	0
400 Individual Medley	6:00.84	303	14/06/19	British Masters Champs 2019	Swansea	MAS853	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.87	340	01/10/16	Wiltshire Masters Block 3	Salisbury	MAS641	0
100 Freestyle	1:03.98	344	01/02/17	Wiltshire Masters Meet	Swindon	MAS714	0
200 Freestyle	2:23.45	332	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
50 Breaststroke	37.38	297	01/10/16	Wiltshire Masters Block 3	Salisbury	MAS641	0
100 Breaststroke	1:19.86	331	05/06/16	Wiltshire ASA Masters	Trowbridge	MAS613	0
200 Breaststroke	2:56.54	315	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Butterfly	29.68	393	26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
100 Butterfly	1:04.90	399	30/10/05	ASA National Masters Champs	Sheffield	ASA056	0
200 Butterfly	2:25.90	392	29/10/05	ASA National Masters Champs	Sheffield	ASA056	0
50 Backstroke	32.69	309	26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
100 Backstroke	1:10.48	322	24/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
200 Individual Medley	2:47.06	282	16/12/20	Tigersharks	Link Centre	LEX738	0
400 Individual Medley	5:26.10	373	29/10/05	ASA National Masters Champs	Sheffield	ASA056	0
100 Individual Medley	1:09.06	363	26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0