

Individual Best Times (Masters)

Karen Graham - (749772) - Harrogate District SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.85	494	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
100 Freestyle	1:04.09	525	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
200 Freestyle	2:18.77	537	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
400 Freestyle	4:57.77	493	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
800 Freestyle	10:18.63	481	19/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
1500 Freestyle	20:36.04	412	07/04/24	Derbyshire Masters Championships 2024	Derby	MAS1142	0
50 Breaststroke	39.33	407	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
50 Butterfly	33.67	381	02/02/14	South East Region LC Masters	Crawley	MAS462	0
50 Backstroke	38.64	335	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
200 Individual Medley	2:52.67	389	01/06/19	Yorkshire SA Masters Champs 2019	Sheffield	MAS847	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	29.75	457	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
100 Freestyle	1:03.32	499	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Freestyle	2:14.72	548	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
400 Freestyle	4:49.91	507	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
800 Freestyle	10:04.89	491	23/02/19	N W Region Masters 2019	Blackpool	MAS820	0
1500 Freestyle	19:29.10	468	25/11/17	Masters 1500 Freestyle Meet	Barnet	MAS720	0
50 Breaststroke	39.60	367	12/05/18	Yorkshire SA Masters 2018	Leeds	MAS759	0
100 Breaststroke	1:28.21	353	13/05/17	Yorkshire Masters Open Meet	Leeds	MAS678	0
200 Breaststroke	3:26.82	275	16/03/24	Bolton Metro 2nd Masters meet	Bolton	MAS1130	0
50 Butterfly	32.55	420	26/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
100 Butterfly	1:15.12	372	29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
50 Backstroke	36.72	325	14/05/16	Yorkshire Open Masters	Leeds	MAS610	0
100 Backstroke	1:21.98	300	14/05/16	Yorkshire Open Masters	Leeds	MAS610	0
200 Individual Medley	2:44.07	409	14/05/16	Yorkshire Open Masters	Leeds	MAS610	0
100 Individual Medley	1:15.93	412	11/12/16	South Yorkshire Masters 2016	Sheffield	MAS645	0