## **Individual Best Times (Masters)**

## Shaheen Alghofari - (786808) - East Leeds SC

## Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	25.83	530	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
800 Freestyle	10:41.02	350	13/05/23	Yorkshire Masters & Senior Age Group Competition 2	Leeds	MAS1038	0
50 Butterfly	26.69	580	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
100 Butterfly	1:00.31	551	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0
50 Backstroke	28.53	562	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0

## **Short Course**

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.61	549	08/08/21	East Leeds	John Charles	LEX3744	0
50 Butterfly	25.91	591	08/08/21	East Leeds	John Charles	LEX3744	0
100 Butterfly	58.37	548	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
50 Backstroke	27.72	507	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
200 Individual Medley	2:20.00	480	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
100 Individual Medley	1:00.44	542	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0

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