

Individual Best Times (Masters)

Paul Clemence - (821582) - East Leeds SC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	24.91	591	09/03/14	British Gas Swim Wales Masters Open Meet	Swansea	MAS449	0
100 Freestyle	56.79	561	04/05/12	British Gas Masters Meet	Sheffield	MAS328	0
200 Freestyle	2:12.46	456	19/06/10	British Gas Masters Champs	Glasgow	MAS210	0
50 Butterfly	27.56	527	08/03/14	British Gas Swim Wales Masters Open Meet	Swansea	MAS449	0
50 Backstroke	30.77	448	15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	23.31	646	24/10/14	Masters Legacy	England	MAS982	0
100 Freestyle	52.81	612	30/10/16	Masters Legacy	England	MAS982	0
200 Freestyle	2:01.58	545	26/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
400 Freestyle	4:25.76	509	25/02/12	North West region Masters	Blackpool	MAS379	0
800 Freestyle	9:22.05	491	28/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
50 Breaststroke	31.24	509	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
100 Breaststroke	1:11.31	465	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
50 Butterfly	26.26	568	28/10/16	ASA National Masters 2016	Sheffield	MAS639	0
100 Butterfly	1:02.85	439	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
50 Backstroke	28.81	451	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
100 Backstroke	1:03.05	450	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
200 Individual Medley	2:31.82	376	09/04/13	Yorkshire Masters Meet	Scarborough	MAS417	0
100 Individual Medley	1:01.58	512	25/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0