

Individual Best Times (Masters)

James Cowin - (855529) - March Marlins SC

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	28.00	373	20/07/21	March Marlins	Manor	LEX3656	0
100 Freestyle	1:05.67	318	27/07/21	March Marlins	Manor	LEX3657	0
50 Butterfly	32.71	293	03/11/20	March Marlins	Manor, Whittlesey	LEX622	0
50 Backstroke	32.17	324	03/11/20	March Marlins	Manor, Whittlesey	LEX622	0
100 Backstroke	1:11.94	303	27/07/21	March Marlins	Manor	LEX3657	0