

Individual Best Times (Masters)

Matthew Conrad-Jones - (914169) - Medway Maritime Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	31.33	297	21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
100 Freestyle	1:10.94	288	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
200 Freestyle	2:43.11	244	10/06/18	British Masters Championships 2018	Plymouth	MAS769	0
400 Freestyle	5:52.04	244	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
800 Freestyle	12:05.05	242	22/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
1500 Freestyle	23:21.08	240	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
50 Breaststroke	44.20	202	22/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
50 Butterfly	35.49	247	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
50 Backstroke	38.80	223	14/06/19	British Masters Champs 2019	Swansea	MAS853	0
100 Backstroke	1:25.01	223	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
200 Individual Medley	3:06.71	227	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.22	296	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Freestyle	1:08.36	282	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Freestyle	2:34.50	266	16/09/18	BSBASA Masters 2018	Maidenhead	MAS786	0
400 Freestyle	5:40.70	241	30/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
800 Freestyle	12:09.67	224	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1500 Freestyle	22:08.96	258	27/11/21	Barnet Copthall Masters 1500m	Barnet Copthall	MAS933	0
50 Breaststroke	40.06	241	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
200 Breaststroke	3:23.45	206	07/03/20	Bracknell 25th Anniversary Masters 2020	Bracknell	MAS908	0
50 Butterfly	34.34	254	28/10/16	ASA National Masters 2016	Sheffield	MAS639	0
100 Butterfly	1:26.36	169	03/03/18	Bracknell Masters 2018	Bracknell	MAS740	0
50 Backstroke	36.56	221	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Backstroke	1:24.39	187	16/03/19	Maidenhead ASC Masters Series 2019	Maidenhead	MAS826	0
200 Backstroke	3:13.04	163	16/03/19	Maidenhead ASC Masters Series 2019	Maidenhead	MAS826	0
200 Individual Medley	2:55.76	242	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
100 Individual Medley	1:18.80	244	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0