

Individual Best Times (Masters)

Jo Mitchinson - (999) - Team Luton Swimming

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
200 Freestyle	2:21.53	506	01/03/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
400 Freestyle	5:07.40	448	03/06/23	British Masters Championships	Sheffield	MAS1046	0
800 Freestyle	10:08.27	506	25/05/16	European Masters Championships	London	MAS615	0
1500 Freestyle	18:51.32	538	06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
50 Butterfly	36.72	294	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
200 Butterfly	2:47.62	383	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
50 Backstroke	36.13	410	04/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0
100 Backstroke	1:16.07	428	02/06/23	British Masters Championships	Sheffield	MAS1046	0
200 Backstroke	2:42.58	434	04/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	30.68	417	30/05/21	Team Luton	Inspire, Luton	LEX1399	0
100 Freestyle	1:07.76	407	04/10/14	East Region Masters Meet	Newmarket	MAS492	0
200 Freestyle	2:25.48	435	04/10/14	East Region Masters Meet	Newmarket	MAS492	0
400 Freestyle	4:35.34	592	02/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
800 Freestyle	9:15.97	633	03/11/02	ASA National Masters SC Champs	Sheffield	ASA029	0
1500 Freestyle	17:51.11	609	01/11/02	ASA National Masters SC Champs	Sheffield	ASA029	0
50 Breaststroke	45.18	247	30/05/21	Team Luton	Inspire, Luton	LEX1399	0
50 Butterfly	30.87	492	03/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
100 Butterfly	1:15.02	373	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
200 Butterfly	2:39.10	424	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
50 Backstroke	34.46	393	30/05/21	Team Luton	Inspire, Luton	LEX1399	0
200 Backstroke	2:31.64	482	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
100 Individual Medley	1:23.56	309	23/06/12	Herts ASA Masters Champs 2012	The Venue	MAS355	0