

Individual Best Times (Masters)

Jodie Armstrong - (1469474) - Dunstable SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:20.05	397	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:20.05	397	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0