

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 50 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
35.10	448		18/06/10	British Gas Masters Champs	Glasgow	MAS210	0
35.20	444		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
35.24	442		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
36.10	411	F	14/06/19	British Masters Champs 2019	Swansea	MAS853	0
36.17	409	H	05/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
36.25	406		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
36.70	392		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
36.87	386	H	13/06/15	GB Masters 2015	Manchester	MAS537	0
36.89	386	H	27/05/16	European Masters Championships	London	MAS615	0
37.63	363		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
38.59	337	H	10/03/24	AP Race Masters 50m Grand Prix 2024	Sunderland	MAS1129	0
38.90	329	F	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
39.37	317	H	03/06/23	British Masters Championships	Sheffield	MAS1046	0
39.55	313	H	01/06/02	Great Britain Masters Champs	Crystal Palace	ASA022	0

Swim Order

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38.90	329	F	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
38.59	337	H	10/03/24	AP Race Masters 50m Grand Prix 2024	Sunderland	MAS1129	0
39.37	317	H	03/06/23	British Masters Championships	Sheffield	MAS1046	0
36.10	411	F	14/06/19	British Masters Champs 2019	Swansea	MAS853	0
36.89	386	H	27/05/16	European Masters Championships	London	MAS615	0
36.87	386	H	13/06/15	GB Masters 2015	Manchester	MAS537	0
35.10	448		18/06/10	British Gas Masters Champs	Glasgow	MAS210	0
35.24	442		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
36.17	409	H	05/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
35.20	444		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
36.70	392		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
36.25	406		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
37.63	363		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
39.55	313	H	01/06/02	Great Britain Masters Champs	Crystal Palace	ASA022	0