

Individual Best Times (Masters)

Guy Armstrong - (768273) - Medway Maritime Swimming Club - 200 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:18.21	401	H	02/06/23	British Masters Championships	Sheffield	MAS1046	0
2:19.26	392		02/02/14	South East Region LC Masters	Crawley	MAS462	0
2:19.60	390	H	22/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
2:21.96	370	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
2:22.13	369	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
2:22.20	369	H	15/06/14	British Gas Masters 50m 2014	Swansea	MAS469	0
2:28.35	325	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0

Swim Order

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2:19.26	392		02/02/14	South East Region LC Masters	Crawley	MAS462	0