

Individual Best Times (Masters)

Miriama Owens - (1165643) - Putteridge Swimming Club - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:56.50	474	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:05.55	433		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:56.50	474	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:05.55	433		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0