

# Individual Best Times (Masters)

Suzanne Adams - (1218422) - Deben SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
6:30.40	207	H	01/10/17	East Swimming Open Masters Meet	Newmarket	MAS712	0
6:32.68	204	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
6:32.71	204	H	24/09/17	NER Masters Meet	Harrogate	MAS709	0
6:36.66	198	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
6:48.95	180	F	22/04/18	5th Newmarket Club Masters Open 2018	Newmarket	MAS757	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
6:32.68	204	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
6:48.95	180	F	22/04/18	5th Newmarket Club Masters Open 2018	Newmarket	MAS757	0
6:36.66	198	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
6:30.40	207	H	01/10/17	East Swimming Open Masters Meet	Newmarket	MAS712	0
6:32.71	204	H	24/09/17	NER Masters Meet	Harrogate	MAS709	0