

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 200 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:18.04	510		26/10/07	ASA National Masters 2007	Sheffield	MAS044	0
2:18.51	505		27/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
2:20.32	485	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
2:20.59	483	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
2:27.78	415	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
2:31.28	387		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
2:38.99	333	F	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:38.99	333	F	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0
2:27.78	415	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
2:31.28	387		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
2:18.04	510		26/10/07	ASA National Masters 2007	Sheffield	MAS044	0
2:18.51	505		27/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
2:20.59	483	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
2:20.32	485	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0