

# Individual Best Times (Masters)

Sarah Adams - (53951) - Basingstoke Bluefins SC - 400 Individual Medley - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:48.92	408		15/07/12	Barnet Cophall Distance Meet	Barnet	MAS377	0
5:58.44	377	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:48.92	408		15/07/12	Barnet Cophall Distance Meet	Barnet	MAS377	0
5:58.44	377	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0