

Individual Best Times (Masters)

Fiona Cryan - (10635) - Harrogate District SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:42.85	546	F	09/04/22	Scottish National Masters	Glasgow	MAS949	0
4:44.50	537	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0

Swim Order

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4:42.85	546	F	09/04/22	Scottish National Masters	Glasgow	MAS949	0