

Individual Best Times (Masters)

Josh Spencer - (10639) - York City Baths Club - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:31.80	476	H	10/11/19	South Yorkshire Open Masters 2019	Sheffield	MAS884	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:31.80	476	H	10/11/19	South Yorkshire Open Masters 2019	Sheffield	MAS884	0