

Individual Best Times (Masters)

Richard Hope - (1120328) - Woking SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:17.04	563	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
4:24.82	514	H	31/03/19	Gloucester Masters 2019	Gloucester	MAS834	0
4:25.09	513	F	20/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
4:25.78	509	F	29/06/21	Woking	Pool in the Park	LEX2621	0
4:27.03	502	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
4:31.63	477	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
4:35.87	455		09/07/17	Barnet Cophall Masters Distance Meet	Barnet	MAS688	0
4:38.15	444		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0

Swim Order

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