

Individual Best Times (Masters)

Paul Smith-Shelton - (1157601) - Deepings SC - 200 Breaststroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:21.56	211	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
3:21.74	211	H	24/03/19	8th CABSC Master Open Meet	Nottingham	MAS830	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:21.56	211	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
3:21.74	211	H	24/03/19	8th CABSC Master Open Meet	Nottingham	MAS830	0