

Individual Best Times (Masters)

Sarah Aldridge - (1190303) - City of Southampton SC - 50 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
29.56	509	F	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
29.76	499	H	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
29.81	496	H	29/05/16	European Masters Championships	London	MAS615	0
29.93	490	H	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0
30.02	486		17/08/17	FINA World Masters Championships	Budapest	MAS698	0
30.54	462		31/01/15	SER Masters Long Course Meet	Crawley	MAS505	0

Swim Order

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29.76	499	H	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
30.02	486		17/08/17	FINA World Masters Championships	Budapest	MAS698	0
29.93	490	H	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0
29.56	509	F	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
29.81	496	H	29/05/16	European Masters Championships	London	MAS615	0
30.54	462		31/01/15	SER Masters Long Course Meet	Crawley	MAS505	0