

Individual Best Times (Masters)

Sarah Aldridge - (1190303) - City of Southampton SC - 50 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
29.03	492	H	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
29.40	474	H	24/06/18	Hampshire Masters 2018	Portsmouth	MAS771	0
29.47	471	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
29.56	466	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
29.58	465	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
29.67	461		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
29.68	461	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
29.71	459	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
29.72	459		20/11/16	IC16 South East Region	Oxford	MAS653	0
29.78	456	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
29.83	454	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
29.83	454		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
29.83	454		12/11/17	Swim England National Masters Inter-County Champs	Various	MAS729	0
29.91	450		15/11/15	ASA Inter County Competition South East Region	Barnet	MAS573	0
29.92	450	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
30.00	446		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
30.14	440	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
30.30	433	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
30.52	424	F	05/08/21	City of Southampton	The Quays	LEX3718	0
30.62	419		01/10/16	SER Short Course Masters Meet	Guildford	MAS643	0
30.73	415	F	01/11/20	City of Southampton SC	The Quays	LEX332	0
30.90	408	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0

Swim Order

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30.90	408	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
30.52	424	F	05/08/21	City of Southampton	The Quays	LEX3718	0
30.73	415	F	01/11/20	City of Southampton SC	The Quays	LEX332	0
29.92	450	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
29.58	465	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
29.56	466	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
29.67	461		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
29.40	474	H	24/06/18	Hampshire Masters 2018	Portsmouth	MAS771	0
30.14	440	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
29.83	454		12/11/17	Swim England National Masters Inter-County Champs	Various	MAS729	0
29.71	459	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
30.00	446		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
29.72	459		20/11/16	IC16 South East Region	Oxford	MAS653	0
29.47	471	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
30.62	419		01/10/16	SER Short Course Masters Meet	Guildford	MAS643	0
29.68	461	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
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29.78	456	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
29.83	454	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
29.83	454		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
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30.30	433	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
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