

Individual Best Times (Masters)

James Mactavish - (132146) - City of Southampton SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:51.61	429	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
4:53.07	423	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
4:54.50	417	H	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
4:55.28	413	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
4:55.43	413		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
4:58.87	399	F	17/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
5:05.21	374	F	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:05.21	374	F	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0
4:53.07	423	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
4:51.61	429	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
4:55.28	413	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
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4:55.43	413		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0