Individual Best Times (Masters)

James Mactavish - (132146) - City of Southampton SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:41.20	430	Н	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
4:43.19	421	Н	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
4:43.78	418	F	12/03/17	16th Royal Navy Open Masters Meet 2017	Millfield	MAS668	0
4:44.28	416	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
4:44.98	413	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
4:45.37	411	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
4:46.32	407	Н	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
4:47.15	403	Н	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:45.37	411	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
4:43.19	421	Н	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
4:44.98	413	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
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4:47.15	403	Н	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
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