

Individual Best Times (Masters)

Lyndsay Roe - (1447656) - Kettering Amateur Swimming Club - 200 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:03.97	299	F	19/04/24	British Masters Championships 2024	Swansea	MAS1147	0
3:05.56	292	H	18/12/22	Swim England East Midlands Masters Championships	Derby	MAS1003	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:03.97	299	F	19/04/24	British Masters Championships 2024	Swansea	MAS1147	0
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